



DIY UNPLUGGED BOX

Follow these three simple steps to create your very own personalized unplugged box!

MATERIALS:

Box

Glue stick

Scissors

Coloring supplies (crayons or markers are great!)

Variety of other decorations (glitter, stickers, etc), if you like.

1. GET A BOX

We recommend recycled cardboard. Shoeboxes work great!

2. DECORATE

Cut out your favorite patches and glue them on the box.

3. UNPLUG!

Use the box to store your family's smartphones and/or portable screened devices during your agreed upon times, according to your family contract.

CONNECT TO WHAT COUNTS.

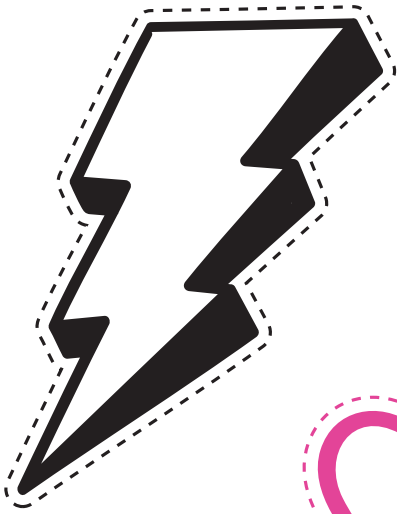


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LOOK UP



LOVE



CONNECT TO
WHAT COUNTS.



UNPLUG

